

April - May - June 2008

Then and Now

by Dr. Marj Britt, Senior Minister



As we prepare to celebrate the 60th anniversary of Unity of Tustin, my awareness begins to embrace the vastness of what that means, not only to me but to all those who have been part of our incredible spiritual community. There is so much. Where will I focus in this Now moment?

The Now moment brings me fully present with the way that Then becomes Now. What emerges is the awareness of the energy of *The Power of Now*. Then was 2001 and the consciousness of Eckhart Tolle as a teacher and writer was just beginning to be felt in a larger

spiritual community. He was not yet 'famous'. When I heard him speak at an Inner Directions gathering, I knew I was experiencing one of those rare moments of clear and direct transmission of a Realized state. I invited him to come to Unity of Tustin and speak to our community, which he did not long after. Eckhart Tolle, through his physical presence, would be part of the creation of the field at Unity of Tustin.

Words cannot express the Grace of being in the Presence of one who so profoundly lives and embodies That, a field of consciousness so deep, so high, so beautiful, so humble, so profound, so significant. How did it happen that Eckhart Tolle became one of our presenters? How did Spirit arrange it? It is very clear to me that this is about something far beyond personal self.

When the book, *A New Earth, Awakening to Your Life's Purpose*, was published in 2005, I knew that our community was called to be part of anchoring this

consciousness on the human plane. We did a twelve week talk series on Sunday mornings leading into Easter of 2006. Week after week, consciousness in our spiritual community moved into shifts, into levels of what could even be called initiation. It would lay a foundation for the unfolding of consciousness in the Now moments of the present and the future. It would change and heal perceptions of the past.

Now, we are again weaving in these profound teachings on Sunday mornings and in class settings. And most important, with the energy of Eckhart and Oprah co-facilitating a ten week on-line class on *The New Earth*, there is another surge of consciousness that can be felt and experienced. It is a world-wide cosmic event with more than two million people

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logging in within the first two weeks. How did it happen? How did Spirit arrange it? How can we as a spiritual community continue to anchor this Grace, this consciousness descending and ascending in the spiraling awareness that is part of an evolutionary impulse.



We are also planning a gathering in May when the on-line experience ends for those in the Orange County area who want to connect with one another face-to-face as part of continuing their deep spiritual work beyond the ten-week worldwide Eckhart-Oprah on-line moments. Find it in the calendar section of this newsletter.

Will there be openings and revelations that we could not have even imagined? When consciousness moves, when Spirit "arranges", the world as we know it shifts. It reveals itself in new and higher dimensions. We cannot even imagine through our human imagination that for which we have no conceptual framework.

In Unity's teachings of the Twelve Powers, there are deep teachings on Divine Imagination, how It reveals Itself through our connection with levels which Jesus described as "if your eye is single, your whole body will be full of

light". Dr. David Hawkins describes these levels on the map of consciousness as above 500 or maybe even 550 and beyond. We get glimpses. It is an emerging impulse. It is Spirit revealing Itself in each Now moment.

It comes out of the Silence. It comes from a field that is beyond the human mind. It is Divine Mind descending to meet us wherever we are in our human circumstances and processes, in our own experience of bringing heaven to earth. And yet, the process begins with something as simple as connecting with our breath consciously...perhaps in meditation, perhaps in a meditation retreat, or perhaps just with awareness. It becomes a portal, an entryway, into a field of consciousness that is of another dimension and yet is simultaneously always already present.

You are invited to be a part of our continuing to know the miracles of Now moments...even as they arise with awareness of the Then and Now. How will Spirit arrange what you could not have humanly imagined in your life? How will Spirit continue to reveal That in the field of consciousness that is Unity of Tustin? How will we each be part of this cosmic revelation?



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Board of Directors

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Prayer and Healing

Rev. Lois Ryan, Associate Minister

Change is inextricably woven into the fabric of life, for change is growth and growth is the law of life. Unity of Tustin is celebrating its 60th anniversary on Sunday, June 22. During the last 60 years, many changes have occurred that brought us to this beautiful, sacred site we now enjoy. It was all the unfolding of God's plan for this ministry.

Today we live in a time of great change. Beneath the dominant worldview that is wreaking havoc on the planet and its people is an emerging paradigm characterized by remarkable changes both at an individual level and at the collective level. The world as we know it is undergoing a massive transformation of consciousness. The desire for change is in the air. Many feel that the world is in crisis--that something has to change. The Chinese word for crisis means both danger and opportunity. A crisis is a choice point. We can choose to stay stuck in the status quo or we can choose to step into the flow of the onward, upward progression of life. In her book, *Quantum Leap*, Dr. Charlotte Shelton, the new

President and CEO of Unity, says, "Change is the basic operating principle of the universe... Chaos theory demonstrates that disorder is a pre-requisite for system evolution. Without the chaos of change, life stagnates and entropy begins."



There are basically two ways that change comes into our lives. One is a desire for change because the status quo isn't working for us anymore. We are ready to experience new good. The question is, "Am I willing to change? Am I willing to do the inner work necessary to effect outer change? Secondly change can come into our life uninvited and unwelcome. In this case the question is, "How do I perceive this--as a challenge or an opportunity for spiritual growth?" The choice is ours. Change is

inevitable, but it is our choice as to how we deal with it--resisting or flowing.

Dr. Shelton further says, "Quantum trusting is the ability to trust life's process...As we use this skill we begin to focus on the **mystery** of life, rather than on **mastery** over it. We become less intent on manipulating the world and more intent on appreciating. We let life happen." Several years ago there was a popular saying, "Go with the flow." In this fast-paced, goal-oriented society, that seems incongruous. However, there is a divine plan for each life. We don't have to force it or struggle against it. It will unfold in the perfect way when we are willing to "let life happen."

Jesus' teachings all emphasize the importance of a change in consciousness, inner change, and spiritual transformation. All change begins within with the thoughts, feelings, words, and actions that are congruent with the changes we seek. As one presidential candidate said, "We are the change we seek."

Notes from the Board of Directors

Wendy Sloom, Board Member

Our campus of consciousness is continually expanding. Unity of Tustin's Annual Membership Meeting was on Sunday, March 30. This was a chance for people in our community to be involved and see your Board of Directors in action.

On April 4 and 5, Unity of Tustin will hold its Strategic Planning and Visioning meeting. This meeting will be facilitated by Dr. Marj Britt and Tom Zender, past



president and CEO of Unity Worldwide Headquarters. Friday evening, April 4, is open to everyone who feels a calling to vision with our church leadership. This is one more way for you to get involved and participate in the visioning process for Unity of Tustin's future and connect with your spiritual community. On Saturday, April 5 your Staff and Board will continue the

strategic planning and visioning process. The Board of Director's objectives for this year are: to establish the mission, vision and core values of Unity of Tustin; strategize for technology updates and website redesign; and plan for our evolving campus and meditation gardens.

As I recently strolled through our gardens I couldn't help but notice all of the changes taking place. Site 7 construction is underway. The committee that planned this site put many tireless hours into creating a beautiful addition to our meditation gardens which will be completed in the coming months. Site 1 is under restoration and many of the pathway lights are being replaced.

Our children's garden has a new sign, bench and plants. James DeFontes completed this project as part of his Eagle Scout requirements. He raised all of the funds, assembled a team for the construction and installation of the features. Many thanks to James DeFontes for his contribution, time and talent.

Unity of Tustin will be celebrating its 60th anniversary on June 22. Mark your calendars! This is an event you'll not want to miss. This celebration will include a reception, ceremony and catered dinner. We will distribute our new and revised meditation garden booklet as a gift to everyone in attendance. We will also be dedicating our newest meditation site 7. You will be able to tour the grounds and meditation gardens and see all of the recent changes. It is evidence that Unity of Tustin is growing and flourishing. Information will be available about the history of Unity of Tustin as well.

Unity of Tustin has a passion for retreat ministry. Silent meditation retreats have become a integral part of our church. Our 6-day silent retreat is scheduled for Sunday, May 25 through Friday, May 30 at the Mary and Joseph Retreat Center in Rancho Palos Verdes, CA.

It is such a pleasure to serve on Unity of Tustin's Board of Directors. Thank you.

Field Licensing as a Path to Unity Ministry

ByCarolyn Mathlin, Ministry Director and Licensed Unity Teacher

Few of us recognize those pivotal moments when we begin on a path that leads to the fulfillment of our destiny, our divine purpose on earth. When I



became a staff member at Unity of Tustin in June 2002 as the Family Ministry Director and the Bookkeeper, I was simply following what felt like the next phase of my journey. Looking back, I see how that decision set in motion a series of revelations and shatterings that brought me to Now.

For the last year, I have been in the process of applying for our Association of Unity Churches Field Licensing Program to become an ordained Unity minister. I just recently returned from the final interviews at Unity Village in Missouri and it is with awe and joy in

my heart that I announce my acceptance into the program to become an ordained Unity minister.

The Field Licensing program is a four year program that allows me to remain at Unity of Tustin as Ministry Director and Associate Minister while I receive training to become an ordained Unity minister. Field Licensing is open only to those individuals who meet strict qualifying guidelines and are currently serving in a key staff position of a ministry.

To be considered for entry into this program, our Association requires written support from our church's Board of Directors and Marj as our Senior Minister. It also requires a dedication to the ministry in which I am serving and a commitment to being a part of this ministry for at least the next four years. While there are specific guidelines and training requirements, because I am "in the field", this ministry itself will be my most significant learning experience. Each

of you will share in this journey with me, growing and evolving in our devotion to Spirit and this community.

Labyrinths have always had deep sacred resonance for me as an expression of the spiritual journey. When I was back at Unity Village, I found an amazing plate representing a classical labyrinth design. It represents this moment of initiation on the ministerial path, for me and for all of us. Do we know exactly what the next four years will look like? No, that is to be revealed. These next four years are about greeting whatever is coming up with grace, love and fearlessness.

In 2002 I was unconscious of the significance of the path I was beginning, Now I am aware. It is a path of ministry, a path of fulfilling Divine purpose. What an honor and a joy it will be to share this journey together as a spiritual community of souls, each of us fulfilling our Divine purpose in the world and here at Unity of Tustin.

WHAT'S ON AT UNITY OF TUSTIN

Classes, Workshops and Special Events

April 2008

Strategic Planning Meeting

with Dr. Marj Britt & Tom Zender

The Board of Directors of Unity of Tustin invites everyone with a deep commitment to share their inspirations and ideas about Unity of Tustin. This is an opportunity to participate in the visioning process as we take our place in the emerging higher consciousness of the planet.

This gathering will be facilitated by Dr. Marj Britt, Senior Minister of Unity of Tustin and Tom Zender, past president of Unity World-

wide Headquarters and former Unity of Tustin Board Member.

Fri, Apr 4, 7pm

CHURCH

The Original Wisdom of Oneness

with Dave DeLuca

Dave DeLuca has presented thousands of workshops, classes, and trainings on all aspects of personal growth during his twenty five years as a professional speaker and seminar leader, and for the last decade he has been one of the West's most passionate teachers of Vedanta, humanity's oldest

living wisdom of Oneness. He has presented seminars throughout America and Canada, keynoteed at New Thought minister conferences, and

spoken on Vedanta at the Parliament of the World's Religions in Barcelona, Spain. His newest book, *Spiritual Jewels*, is a beautiful collection of passages from the most revered scriptures of ancient India, including the Upanishads, the Bhagavad Gita, and



the Yoga Sutras. To learn more about Dave, please visit www.davedeluca.com

Dave DeLuca will present a two-part intensive on The Original Wisdom of Oneness.

Part One:
The Scriptural Treasures of India

Explore this wonderful and moving introduction to the Oneness wisdom that most influenced the pioneers of New Thought and Oneness spirituality all over the world. We invite you to join Dave DeLuca as he demystifies the principles and practices found within these scriptural treasures, and teaches how they can illumine your path and enrich your life.

Part Two:
Bringing The Wisdom To Life

Learn some of the most powerful and time-tested methods that lovers of wisdom throughout the ages have used to consciously eliminate these lower states and unite themselves in the joy of God's love and purpose. We invite you to join Dave DeLuca in this wonderful opportunity to learn how to more successfully utilize the wisdom of the world's oldest system of Self-realization from one of its most passionate teachers.

Dave DeLuca will be the guest speaker in our 9 & 11 am services on April 6.

Sun to Tues, Apr 6 to 8

Part One: Sun, Apr 6, 1:30 to 4:30 pm;
\$30

Part Two: Mon & Tues, Apr 7 & 8,
6:30 to 9:30 pm; \$90 SCHOOL

Healing Gathering

with Rev. Lois Ryan and the Healing Team

On April 21 we are welcoming two extraordinary healers from France, Jean Michel and Miriane. They travel the world assisting individuals ready to make a decisive step toward personal spiritual evolution. As channels of the Holy Spirit, with the energy of the ascended masters and the power of prayer, they operate from a higher consciousness to elevate the speed of the inner vibration.

Their goal is to reconnect individuals with their higher nature and through that connection consciously realize and live their divinity. The prayers offered are very pow-

erful and have the effect of transmuting, purifying, balancing and connecting an individual's inner vibration. Their goal is to reconnect individuals with their higher nature and to their inner Christ. Please join us for an evening of powerful healing energy that will help to accelerate your own spiritual growth.

Mon, Apr 21, 6:45 to 9:15 pm * PRAYER

May 2008

Sacred Meditation Healing Experience

with Rev. Scott Sherman

The Sacred Meditation Healing Experience is one of wonderful peace, love and healing. The experience involves gentle touch or near touch of one's energy centers in a loving, devotional setting. The intent is to amplify the natural energies of the mind/body and thus facilitate greater balance and wholeness.



Rev. Scott Sherman began working with this technique 25 years ago and has shared this powerful process with well over 5,500 individuals. He has been a Unity minister for over 30 years serv-

ing in significant leadership positions in addition to leading Unity's third largest church in Seattle, WA for nearly ten years.

He currently leads Unity's EnVision Ministry; traveling the country to present Sacred Meditation Healing Experiences and VisionQuests.

Scott Sherman will be the guest speaker in our 9 & 11 am services on May 4.

Sun, May 4, 1:30 to 2:50 pm, Sacred Meditation Seminar *

Sun evening workshop, 7:10 to 10 pm *

Mon, May 5, 6 to 8 pm, Phase 1: Sacred Meditation Training; Limit 24 participants. Suggested donation \$60

Mon, May 5, 8 pm, Phase 2: Advanced Training \$155; (Phase I is a prerequisite) CEU available.

Individual Healing Sessions are available on Sun, 3:15 to 7:00 pm & Mon 9 am to 6 pm; \$60, 40-minutes. No one will be

turned away. Call for appointments,
714-730-3444 ext. 107 SCHOOL

Revisit the Presence Process

with Ruthanne Ali

How are you progressing with the Presence Process?

Are you practicing the principles and using the tools?

Need a refresher?

Join Ruthanne Ali and others as we discuss the groundbreaking teachings in Michael Brown's book, *The Presence Process*. This class is designed for adepts and novices alike who realize the power of Inner Presence in their lives and want the support of fellow students.



We will refresh our practice of the Presence Process techniques including:

- Consciously connected breathing to clear away mental conditioning
- The seven-year cycles of growth and the pathway to awareness
- The emotional signature which characterizes your habitual patterns of behavior
- How your personal definition of love shapes your perceptions

KEY to Calendar Listings

* = love offering basis

Event Ticket Line 714 730-3486

School 714 730-3444 ext 107

Bookstore 714 730-3444 ext 100

Special events are shown at the start of the calendar. Regularly recurring events are found at the end of the calendar. Scholarships are available for many events.

Contact Ruthanne Ali (ext. 107) for additional information on any event or to purchase tickets for selected events please visit our website at: <http://www.unityjustin.org>.

This class will reacquaint us with the Presence Process prior to Michael Brown's return to Unity of Tustin in June.

Ruthanne Ali has been Director of School of Light at Unity of Tustin for eight years. She holds a degree in Spiritual Studies from Emerson Institute and is a graduate of Unity of Tustin's Institute for Spiritual Leadership. She has taken numerous classes and intensives with renowned teachers of spiritual studies, metaphysics, and mysticism.

Tues, 3-wks, beg May 6, 7 to 9 pm *

SCHOOL

A New Earth—Awakening to Your Life's Purpose Book Study Group

with Ruthanne Ali

Are you one of the two million viewers currently viewing Oprah's Live Web Event with renowned author and teacher Eckhart Tolle? Have you missed some or all of the broadcasts but want to share in the exploration and excitement of this nationwide awakening?

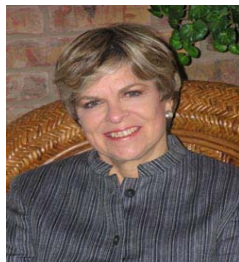
Join members of your spiritual community as we discuss the teachings of *A New Earth, Awakening to Your Life's Purpose*. Why should you join the discussion? Never in the history of communication has the world's heart/mind been activated as it is being activated now, and we want to hear your heart.

Thurs, beg May 15, 7 to 9 pm * SCHOOL

The Simplicity of Healing

with Michele Longo O'Donnell

Michele Longo O'Donnell started the first metabolic holistic clinic for the treatment of degenerative diseases in 1975. Today, this clinic combines spiritual and emotional healing with physical and metabolic treatment. During the past 30 years of treating patients, Michele has recognized that there are principles of Life, that when understood and practiced, result in healing, no matter what the disease or symptoms.



Michele is the author of several books outlining the life principles for healing and wholeness, including her latest book *When The Wolf Is At The Door: The Simplicity Of Healing*.

After a career as a registered nurse, Michele's experiences and increasing knowledge of spiritual Truth started her on the path as a health care provider, minister and spiritual counselor. Michele O'Donnell is the host of a radio show called *Living Beyond Disease*.

Join Michele as she teaches how she combines spiritual and emotional healing with physical and metabolic treatment.

Michele O'Donnell will be the guest speaker in our 9 & 11 am Sunday services.

Sun, May 18, 1:30 to 3:30 pm, \$50

SCHOOL

Healing Gathering

with Rev. Lois Ryan and the Healing Team

In May we come together to realize our healing power of Power. Please join us as we learn about the vibratory power of words and how the body can be renewed, even transformed through the power of the spoken word.

Experience the healing power of the Holy Spirit through prayer, meditation, laying on of hands, and a candlelight ceremony.

Mon, May 19, 7 pm *

PRAYER

Alternatives, New Approaches to Traditional Christian Beliefs, and The Simple Truth

with Wendy Zender, Ph.D & Licensed Unity Teacher

Have you ever wondered how well your beliefs are serving your spiritual growth?

In this class, you will examine questions, such as the following:

- What is God?
- What is the relationship between God and humankind?
- Who is Jesus Christ?
- Do we humans have a spark of Divinity within us?
- What is affirmative prayer and why does it work so well?

·Where is the best place to get in touch with God?

·Is there a heaven? Is there a hell? If so, where are they?

·What is sin and is there life after death?

Your beliefs show up daily through your thoughts, words, and actions. The important question is: are the beliefs you grew up with helping or hindering your spiritual growth. We will read two "must read", practical and short books: *Alternatives* by William Fischer and *The Simple Truth* by Mary-Alice and Richard Jafolla. The course is not about finding the "right" answers, but about the exploring your spiritual beliefs as deeply and honestly as you can.



Wendy Zender has a Ph.D. in Educational Psychology and Instructional Technology. She is a former college instructor and member of the

Unity Institute Board of Trustees. In addition, Wendy is a Licensed Unity Teacher.

Tues, 6-wks, beg May 6, 7 to 9:15 pm *
(we will skip the May 27 class due to our Silent Meditation Retreat)

SCHOOL

6-Day Silent Meditation Retreat

with Dr. Marj Britt & Rev. Paul Tyman

Have you yearned for inner silence? Do you yearn for the peace that passes understanding? Does your heart call you to know God, to realize Divine union?

Experiencing the quiet mind state over a 6-day period deeply imprints spaciousness into our perspectives through which we view the world and can promote profound shifts in how we live our lives.

Join us at the Mary and Joseph Retreat Center, Rancho Palos Verdes, CA. Check-in begins Sun, May 25 at 3pm. The retreat ends Fri, May 30 at noon.

Register online at www.unitytustin.org in the calendar section. Click the "open registration" option or call 714 730-3444 ext. 104 for information and reservations.

The registration fee includes your room, all meals from Sunday dinner to Friday lunch, and scheduled activities.

Single occupancy \$635; double occupancy \$535. We expect to have a full retreat so reserve your space early.

June 2008

**Alchemy of the Heart:
A Presentation with Michael Brown**

Last year Michael Brown's introduction to the Presence Process had a deep impact on many members of our community. His latest book *Alchemy of the Heart*, published in 2008, describes a perceptual journey that takes us along The Pathway Of Awareness. This pathway equips us effortlessly with the capacity to commence taking full responsibility for the quality of our human experience. It presents the case for emotional integration as a means to authentically realize peace while in this world.

Michael Brown will build on his teachings in *The Presence Process* and incorporate his recent focus on intimacy for individuals and couples. Michael's presentation style is engaging, funny, heart-felt and down to earth.

Until 1989, South African-born Michael Brown was living what he called a blissfully unconscious life as a music journalist. He then developed an acutely painful neurological condition for which conventional medicine had neither cure nor relief. This caused him to set out on what became a

nine-year odyssey of self healing which took him into, then beyond, many alternative healing modalities. The result is an evolutionary new healing procedure called the presence process.

Michael currently lives in Princeton, New Jersey and teaches around the world.

Jun 6 & 7, Fri, 7 to 10 pm, \$25 and Sat, 10 am to 4 pm, \$40

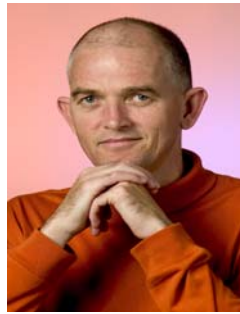
Healing Gathering

with Rev. Lois Ryan and the Healing Team

In June we come together to realize our healing power of Imagination, the picture-making power of the mind. The more you train your imagination to picture the good for yourself and others, the more quickly it will produce wonderful changes in your body and life.

Experience the healing power of the Holy Spirit through prayer, meditation, laying on of hands, and a candlelight ceremony.

Mon, Jun 16, 7 pm * PRAYER



**Unity of Tustin -
Quick Reference**

Visit us on the Web at:
www.unitytustin.org

Sunday Services
7 am (contemplative)
9 and 11 am

Church Offices
Mon-Thurs, 10 am - 5 pm
Phone: 714 730-3444
Fax: 714 730-3613
If you don't know your party's extension, dial "0" during the welcome message.

Bookstore
Ext. 100
Sun 10:30 am - 2 pm
Tue, Wed & Thur 11-7,
Closed Mon, Fri & Sat

Spiritual Counseling
Rev. Lois Ryan
ext. 105

Chaplain Line
714 730-6198

Inspirational Message
714 730-0320

**School of Light
Tickets and Information**
714 730-3486
www.unitytustin.org/calendar/month.html

Silent Meditation Retreats
Carolyn Mathlin
ext. 104

UNITY of TUSTIN

60th Anniversary Celebration

Everyone is welcome to celebrate our 60 years of ministry Sunday, June 22. Our reception begins at 3 pm and will include a review of our 60 years, music, hors d'oeuvres, activities for the whole family and much more. We also invite you to take this opportunity to tour the grounds and meditation gardens.

Our ceremony will begin at 4 pm and everyone is welcome. At 5 pm the ceremony will end and we will prepare for the optional catered dinner. This is for those who have purchased an advance ticket for the elegant dinner

celebrating our 60th anniversary. The whole day will be a great time to mix and mingle with your spiritual community. There will be a minimum donation of \$60 per person for the catered dinner. The reception and ceremony are open to all. More information about the celebration and ticket purchase will be in the Sunday bulletin soon.

Sun, Jun 22: Reception at 3 pm, Ceremony at 4 pm, Dinner begins at 5:30 pm. Advance tickets for dinner will be available for a minimum donation of \$60 per person.

Weekly & Monthly Events

Nur Ashki Jerrahi Sufi Worship Service

Sufi devotees gather together for traditional Zikir, sacred Sufi healing, chanting, prayers and worship service. Seekers of all paths are welcome.
Sun, 6 pm * SCHOOL

Voices of Unity Choir Rehearsal

with Amy Jahn

Join us in creating music for our community. We sing in services about once a month and everyone is welcome. We sing diverse music, keeping all skill levels challenged and energized! Experience and celebrate the Beloved through music. For information, call 714 730-3444, ext. 307, or e-mail: choir@unitytustin.org.

Mon, 5:30 – 7 pm MUSIC

Intenders of the Highest Light

with Lisa Panzica and Wendy Sloot

The Intention Process is being used by people around the world who are bringing their lifelong dreams into reality. Our thoughts create our experiences and our desires are in us to be fulfilled. Learn to serve the highest good of the universe, yourself and others.

Mon, 7 - 9 pm SCHOOL

Mystical Bible

with Dr. Marj Britt

In this class, Dr. Marj Britt dives deep into the mystery in the teachings of Jesus. Recognizing that there are three levels of understanding--the literal, the metaphysical, and the mystical--we focus on the deepest mystical meaning. We work from the Bible and from a two-volume text entitled *The Second Coming of Christ, The Resurrection of the Christ Within You*. It is a revelatory commentary on the original teachings of Jesus by Paramahansa Yogananda.

Tues, 10 am * SCHOOL

Conscious Covenant

with Dr. Marj Britt

Dr. Marj Britt invites deeply committed souls to join her on a journey of consciousness and Covenant with the Beloved. We will explore spiritual practices that will sustain you: meditation, spiritual study, selfless service and tithing. It is about living in the world and not being of the world.

We focus on living the Non-Dual Vertical Path of Devotion.

Explore some of the master teachers and teachings that have most profoundly impacted Marj and the evolution of consciousness that is occurring at Unity of Tustin. We have worked with the teachings of Adyashanti, Thomas Keating, Eckhart Tolle, David Hawkins, Ken Wilber, Don Beck and Spiral Dynamics, Llewellyn Vaughan-Lee, Leslie Temple-Thurston, Caroline Myss and others.

Wed, 7 pm * SCHOOL

Pranic Healing & Meditation

with Daniel O'Hara

"Gas is expensive ... the energy that fuels your body is priceless."

- Daniel O'Hara

Are you tired, depressed, have long-standing medical issues or just need mental or emotional clarity? If you answered yes to any of these questions, join us for meditation and healing. Share in the Twin Hearts Meditation, Meditation on the Soul, Meditation on the Lord's Prayer and Mentalphysics Breathing Exercises designed to bring you to the deepest levels of inner peace. Regenerate your body, transform your life and create peace in the world.

Thurs, 7:30 pm * SCHOOL

Drumming Circle

with Gary Wagner

Tired of following the same beat? Ready to start a whole new rhythm in your life? Bring your own drum or just bring yourself and join us in a sharing of love, laughter and light through drumming. All ages welcome!

1st Fri, 7 pm * SCHOOL

Video Satsang

with Amber Johnson

Join us for the teachings of Gangaji and others through the use of video recordings. These teachings focus on the central tenets of Vedanta. Learn the true nature of the body, mind and awareness, and discover the truth of who you are. These gatherings start with meditation and finish with discussion.

Fri, 7 pm * SCHOOL

A Course in Miracles Study Group

with William Ervin

Join us to read and study the Course informally with both new and longtime students. Our goal is to more clearly understand the teachings of the Course and to explore ways of bringing its spirit into our daily lives.

Sat, 8:30 – 10:30 am * SCHOOL

Manifest Your Dreams NOW!

with Wendy Sloot

Join this powerful, relaxing, joy-filled workshop of meditation and visioning as we go deep within ourselves to reveal the truth of our hearts. Use the Law of Attraction to manifest that which is aligned with your true desires. Connect with the clarity and vibration that moves you into action. Using the method shown in the movie, *The Secret*, create a vision board to anchor the creation process.

Sat, 10 am, \$20 per class SCHOOL

Orange County Near-Death Experience Support Group

with Angel Love Powers

This class discusses the history of NDE in different cultures, offers understanding and support concerning NDE, serves the community of people with particular interests in this subject, provides reliable information and offers a forum for discussion in a supportive environment.

2nd Sat, 1-4 pm * SCHOOL

Seeds of Light

Global Outreach Team Meeting

Join members of Unity of Tustin's global outreach ministry as we vision with and support South African AIDS orphans. For more information on Seeds of Light and its founder Leslie Temple-Thurston, visit www.seedsflight.org.

2nd Sat, 10 am-12 pm OUTREACH

Spiritual Cinema

with Brent Scott

Come and be a part of this group that watches specially screened movies that support your spiritual practices. Open your mind and explore these cutting edge films. The cinema is a powerful medium to explore spiritual principles, concepts, and the human experience. Join us!

4th Sat, 6:30 pm * SCHOOL